

# vitaorganic®



## Presentation Organic TEA



VitaOrganic is a brand dedicated to organic and natural food products.

Bio Planet Bulgaria Ltd. is international export oriented company with activities in FMCG and particularly in food industry owner of VitaOrganic trade mark.

We are proud to present you our new range of Organic Herbal Teas, carefully selected from ecologically pure regions of South Balkans.



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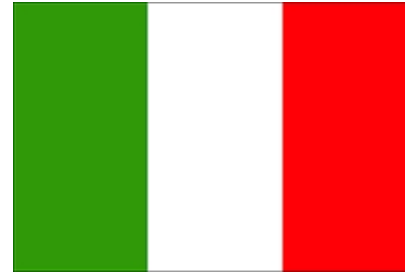
EXPORT



Greece



India



Italy



Malaysia



Malta



Romania



Sweden





### Organic Ironwort tea (Mountain tea) 25 g

Ingredients: 100% organic dried ironwort (*Sideritis scardika*)

Preparing: For 1 liter of tea use 3 twigs. Put them in a porcelain pot with a lid and pour 250 ml boiling water. Allow to cool at around room temperature. The prepared liquid is poured on porcelain cups with adding a hot water. By request you may add cold water or even sparkling water.

*Ironwort is one of medicinal plants due to contained therein a large amount of flavonoids, it has antioxidant, toning, strengthening and antianaemic effect, reducing blood pressure and therefore reduces the risk of heart attack and stroke. Prevents the development of cancer cells, preventing the development of atherosclerosis.*

*Ironwort has been traditionally used to aid digestion, strengthen the immune system and suppress common cold, cough, the flu and other viruses, allergies and shortness of breath, sinus congestion, even pain and mild anxiety.*



### Organic Bulgarian Rose Petals 30 g

Ingredients: 100% organic dried rose petals (*Rosa damascena* Mill)

Preparing: For the preparation of tea, 1 tablespoon herb is added in 300 ml of hot water for 60 minutes. Strain afterwards. The rose tea has a mild laxative effect.

*The flowers contain essential oil with a very complex composition, tannins, wax, fatty oil, sugars and others. Rose petals has a high biological activity: laxative, antispasmodic, anti-inflammatory, cholagogue, antimicrobial*

*Dry rose petals can be used for perfuming or decoration of your home or office.*







### Organic Mint 40 g

Ingredients: 100% dried mint leaves (*Mentha piperita*)

Preparing: For the preparation of tea, 1 tablespoon herb is added in 300 ml of hot water for 3-4 minutes. Strain afterwards.

*It helps to colic in the stomach and intestines, indigestion, diarrhea, nausea and vomiting, flatulence, jaundice and for gallstones. Stimulates the heart and relieves headaches. There is also anti-inflammatory effect. Menthol is a component of many medicines for cardiovascular diseases. The mint is used in the treatment of upper respiratory tract bronchitis. It has an antiseptic and analgesic effect.*



### Organic Chamomile 40 g

Ingredients: 100% dried chamomile (*Matricaria chamomilla*)

Preparing: For the preparation of tea, 1 tablespoon herb is added in 300 ml of hot water for 3-4 minutes. Strain afterwards.

*Helps for inflammation and kidney stones and bladder, pain in the stomach and intestines, cystitis, colitis, insomnia, headache; external poultice for wounds and boils, hemorrhoids, wounds in the mouth, gargle for sore throat, toothache, tonsillitis. Chamomile can be used to relieve runny nose. Chamomile tea forms a protective membrane to the offending actions of food intake and increased gastric secretion. Therefore chamomile tea to be drink before eating.*



### Organic Marigold 30 g

Ingredients: 100% dried marigold flowers (*Calendula officinalis*)

Preparing: For the preparation of tea, 1 tablespoon herb is added in 300 ml of hot water for 3-4 minutes. Strain afterwards.

*The herb has a proven antimicrobial activity and ability to accelerate wound healing. Used to treat ulcers of the stomach and duodenum. It is used for many other diseases - mainly gastrointestinal, bile, heart, skin and others.*



### Organic Lemon Balm 30 g

Ingredients: 100% dried lemon balm leaves (*Melissa Officinalis*)

Preparing: For the preparation of tea, 1 tablespoon herb is added in 300 ml of hot water for 3-4 minutes. Strain afterwards.

*Lemon balm is often used as a flavouring in ice cream and herbal teas, both hot and iced, often in combination with other herbs such as spearmint. It is also frequently paired with fruit dishes or candies. It can be used in fish dishes and is the key ingredient in lemon balm pesto. The herb strengthens the nervous system and acting sedative and antispasmodic. It has a positive effect on cardiac neurosis, migraine, insomnia, nervous and sexual excitement, neurasthenia. It is used in the treatment of high blood pressure, dizziness, headache, for improving the vision in irregular menstruation, tinnitus, gout, bad breath.*





### VitaOrganic tea mix 70 g

Ingredients: Ironwort\*, mint\*, marigold\*,  
lemon balm\*, chamomile\*, rose hips\*

\*ORGANIC INGREDIENTS

*VitaOrganic originally developed tea  
mix is a complement for our clients.*

*Aromas of forest and royal herbs.  
Toning and antianaemic effect.  
Removes and calms the  
nervous excitement.*

Preparing: For the preparation of tea,  
1 tablespoon herb is added in 300 ml of hot  
water for 3-4 minutes. Strain afterwards.

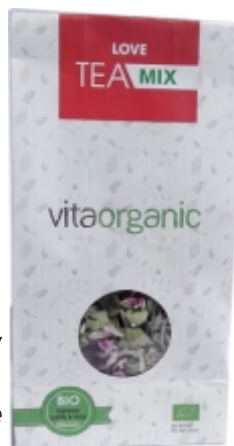


### Magical tea mix 40 g

Ingredients: thyme\*,  
chamomile\*, rose petals\*,  
ironwort\*, lemon balm\*,  
lavender\*

Preparing: For the preparation  
of tea, 1 tablespoon herb is added  
in 300 ml of hot water for 3-4  
minutes. Strain afterwards.

*Mystic scent. A bouquet of herbs and  
wild flowers. A feeling of magic victory  
over the negative emotions. It helps  
you to reach harmony with yourself  
and the nature. Improves performance  
and stimulates blood circulation.*



### Love tea mix 30 g

Ingredients: ironwort\*,  
rose petals\*

Preparing: For the preparation  
of tea, 1 tablespoon herb is added  
in 300 ml of hot water for 3-4  
minutes. Strain afterwards.

*Divine aroma. A feeling of love,  
romance and harmony. Refreshes and  
removes neurosis. Aphrodisiac,  
strengthens the energy of love.*



### Freshness tea mix 40 g

Ingredients: mint\*,  
chamomile\*, lavender\*

Preparing: For the preparation  
of tea, 1 tablespoon herb is added  
in 300 ml of hot water for 3-4  
minutes. Strain afterwards.

*Highly refreshing aroma.  
Feeling a surge of strength, energy and  
freshness. Clears breathing, increases  
energy levels and eliminates the  
syndrome of anticipating failures.*





### Invigoration tea mix 45 g

Ingredients: thyme\*, sage\*, oregano\*, ironwort\*, mint\*, lemon balm\*, rose hips\*, chamomile\*, marigold\*  
\*ORGANIC INGREDIENTS

*Aromas of health and energy. Feeling of warmth and desire for life. Enhances immunity, restores.*

*Antimicrobial, antioxidant and anti-inflammatory effect.*

Preparing: For the preparation of tea, 1 tablespoon herb is added in 300 ml of hot water for 3-4 minutes. Strain afterwards.



### Happiness tea mix 40 g

Ingredients: lemon balm\*, mint\*, ironwort\*, rose petals\*, chamomile\*, lavender\*

Preparing: For the preparation of tea, 1 tablespoon herb is added in 300 ml of hot water for 3-4 minutes. Strain afterwards.

*A feeling of joy and enjoyment of life. Antidepressant. Reduces Stress. Eliminates melancholy.*



### Amber tea mix 44 g

Ingredients: ironwort\*, thyme\*, rose hips\*, chamomile\*, marigold\*, lemon balm\*, lavender\*

Preparing: For the preparation of tea, 1 tablespoon herb is added in 300 ml of hot water for 3-4 minutes. Strain afterwards.

*The scent of the earth. Dense and soft fragrance saturated with sweet notes of honey. A feeling of light and purity. Stimulates intellectual centers, helps concentration. Removes sleep disorders.*

### VitaOrganic Cheese

#### GAUDA

Goat  
Sheep

#### WHITE BRINED CHEESE

Goat  
Sheep

Cow

#### YELLOW SEMI-HARD CHEESE

Sheep  
Cow

### VitaDairy conventional Cheese

#### WHITE BRINED CHEESE

Goat  
Sheep  
Cow

#### YELLOW SEMI-HARD CHEESE

Sheep  
Cow

### VitaOrganic RAW

#### CRACKERS

Spirulina  
Tomato & Basil  
Paprika & Quinoa  
Chia

### VitaOrganic Bakery

#### STICKS

Tomato & Basil  
Cumin & Coriander  
Sesame

#### WHOLEGRAIN COOKIES

Carob  
Apricot & Raisins  
Plums & Coconut

#### GLUTEN FREE COOKIES

Vanilla  
Carob & Sesame  
Coconut

### VitaOrganic Preserves

#### JAMS

Wild berries  
Rose  
Rosehip marmalade  
Blueberry  
Strawberry  
Raspberry  
Apricot  
Plum  
Aronia

### VitaOrganic Tofu

#### VACUUM PACKED

Natural  
Basil  
Paprika

#### MARINATED (JARS)

Natural  
Asian Style  
Mediterranean Style  
Tomato & Basil

### VitaOrganic Herbs & Tea

#### HERBS & TEA MIX

Ironwort (Mountain tea)  
Bulgarian Rose Petals  
Mint  
Chamomile  
Marigold  
Lemon balm  
VitaOrganic tea mix  
Magical tea mix  
Love tea mix  
Freshness tea mix  
Invigoration tea mix  
Happiness tea mix  
Amber tea mix

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